

**Wairua o te puna aroha
Aroha, aroha! (x2)**

I tau, i tau i runga rā

He tangata

Hei ora mō

Ngā mea katoa

O te whenua

O te rangi

O waenganui

Kia pupū, pupū ake (x 3)

Aroha, aroha, aroha

Wairua o te puna aroha

*The spirit welling up is love, affection,
togetherness*

*High above us is a being that is the life
force*

For all things upon the land

In the spiritual world and in between

May it bubble up forever,

Love, affection, togetherness